



CATHOLIC CHARITIES
Diocese of Arlington

MIGRATION AND REFUGEE SERVICES

MRS relies on the support of our diocesan parishioners to help meet the urgent needs of our clients. Please consider helping “Welcome the Stranger” through Migration and Refugee Services in one of the following ways:

- Spiritual Adoption – spiritually “adopt” a refugee family scheduled to arrive in the Diocese
- Giving Tree Collection during Advent (or individual and parish donations any time of the year) of basic necessities for refugees which might include any of the following needed items:

Giftcards:

- Cell phones with pre-paid cards
- Gift cards to discount stores such as Dollar Tree, Wal Mart, Target, and Kmart for purchasing items in greatest need for newly arrived refugee families
- Grocery store gift cards to help feed newly arriving refugee families
- Metro cards to help clients get to interviews and work

New household items including:

- Back packs – grades K – 12 – marked by grade range with appropriate contents
- Bedding – twin , full, and queen sheet sets; blankets; and comforters
- Dust pan and broom
- Kitchen and bath cleanser
- Laundry detergent, dish soap, sponges
- Lamps – floor lamps with energy efficient light bulbs
- Kitchen items – baking dishes, can openers, cutting boards, dish sets (dinner plates, bowls, and cups), glasses, kitchen knives, kitchen utensils, mitts, mixing bowls, medium and big pots and pans, silverware, and towels
- School supplies
- Shower curtains and rings
- Tea kettles
- Toiletries – soap and body wash, shampoo, toothpaste, toothbrushes, deodorant
- Towels – bath towels, hand towels, and wash cloths
- Trash cans - tall indoor kitchen trash cans with lids (13 gallon)
- Umbrellas

Baby items such as: crib sheets and baby blankets, diapers, diaper bags, baby shampoo, car seats, booster seats, infant seats, cribs and pack and plays, crib mattresses, toddler beds, baby and small children's clothing, winter snowsuits for babies and toddlers.

*Financial donations are also needed to help with providing assistance with rent, security deposits, and utility bills.

Please contact CCDA/MRS at **(703) 841-3891** or by e-mail at MRSDonations@ccda.net and let us know how you would like to help “Welcome the Stranger” in our diocesan community!